

Employee Assistance Program

A valuable benefit provided to employees of BayCare is the Employee Assistance Program or EAP. The EAP is a combination of coordinated services designed to:

- Provide confidential, professional help to employees whose personal problems may interfere with their ability to perform adequately on the job.
- Give employees and their families access to effective care *before* health or performance is affected.
- Minimize barriers which may prevent people from seeking timely assistance for personal problems—barriers such as fear, guilt, shame, mistrust or simply lack of knowledge about available resources and how to access them.

The EAP is completely confidential. BayCare receives only numbers regarding utilization, no personal information whatsoever about *who* is utilizing the EAP. The EAP provides assistance in such areas as:

-Legal consultation	-Child care
-Adoption	-Elder care
-Credit counseling	-Mediation
-Behavioral issues to include stress, dealing with loss, depression, parenting, substance abuse and relationship issues	

More information regarding the EAP can be found in the Employee And Physician Partner Handbook, Policy “D2” or on the web at www.aah.org/eap. The EAP also maintains 24-hour, toll free counselor access at (800)236-3231.